



Reverse Aging With the Secret Soviet “God Pill”

Cold War Cure Arrives in America!
Plus Breakthroughs for Cancer,
Diabetes and More

Copyright © by Health Sense Publishing, 1119 St. Paul St., Baltimore, MD 21202–2406. All rights reserved. No part of this report may be reproduced by any means or for any reason without the consent of the publisher. The information contained herein is obtained from sources believed to be reliable, but its accuracy cannot be guaranteed. All material in this publication is provided for information only and may not be construed as medical advice or instruction. No action or inaction should be taken based solely on the contents of this publication; readers should consult a health professional on any matter relating to their health. The information and opinions provided in this publication are believed to be accurate and sound based on the best judgment available to the authors, but readers who fail to consult with appropriate health authorities assume the risk of any injuries. The publisher is not responsible for errors or omissions. The material in this report has not been approved by the Food & Drug Administration. The products discussed are not intended to diagnose, treat, cure, or prevent any disease.

Is This Soviet “God Pill” the Secret to Limitless Aging?

Imagine working out at the gym or going for a walk around your neighborhood, when you notice something amazing.

You're not tired... or sore. In fact, you have enough energy to push yourself harder and farther than you ever thought possible.

This isn't fantasy. For decades, the Soviet Union produced athletes who seemed to defy physical limits — against the best competition in the world.

They smashed world records. They hauled in more Olympic medals in the 1970s than any other country on Earth.

And now we know why. Because in a secret Siberian lab, Soviet scientists had done the impossible. They had discovered...

The natural secret to superhuman aging and performance!

It's all perfectly legal — and now you can get your hands on this amazing breakthrough to battle aging, pain, fatigue, and even cancer.

This remarkable discovery is called *Rhodiola rosea*, and it may be the greatest medical advancement to ever emerge from the Soviet Union. Some have even called it a “God Pill.”

You see, behind the Iron Curtain, the top Soviet researchers weren't just developing secret submarines and nuclear weapons. They were trying to create a superhuman race of athletes, scientists, and leaders who could perform at the very highest levels on the world stage.

And *Rhodiola rosea* was their secret.

Rhodiola rosea is a beautiful yellow flower that grows in some of the most inhospitable regions of the planet, like Siberia and high altitudes in the Alps. It was used by nomadic Siberian tribes for

ages to help deal with the stress of living in one of the harshest climates on Earth.

And when Soviet military scientists began experimenting with *Rhodiola rosea* in the 1970s, they discovered something amazing.

It turns out that *Rhodiola rosea* is an “adaptogen,” which means that it naturally helps your body deal with physical and emotional stress. That means it can help you perform longer and better — mentally and physically — under even the toughest conditions.

It also helps suppress production of cortisol, the so-called “death hormone” that has been linked to so many diseases.

Studies have found that *Rhodiola rosea* actually decreases your heart rate during strenuous exercise, so you can exercise at a high level with less exertion.

The Soviets secretly began supplying their athletes, cosmonauts, and even politicians with this incredible herbal breakthrough. They found that their Olympic biathletes could shoot targets without their arms shaking — even at the end of long, grueling races.

For decades *Rhodiola rosea* was kept a secret. But after the Cold War ended, a Soviet scientist defected to the United States with all the research and revealed...

One of the greatest natural anti-aging breakthroughs... ever

The science behind *Rhodiola rosea* is positively jaw-dropping.

One study out of Russia, published in 2004, found that *Rhodiola rosea* protected muscle tissue from damage during exercise and significantly lowered levels of C-reactive protein, a key marker of inflammation.

And preventing muscle damage and inflammation are absolutely critical, especially if you want to stay active as you get older.

And in another double-blind trial, patients who took 200 mg. of *Rhodiola rosea* were able to exercise longer and harder without becoming exhausted.

But, of course, that's not all *Rhodiola rosea* can do. It also may hold the secret to...

Banishing brain fog and keeping your brain razor-sharp... at ANY age!

In a study on middle-aged adults and seniors, all 120 patients who took *Rhodiola rosea* experienced significant increases in mental performance after just 12 weeks!

That's a 100 percent success rate!

And in an Ivy League study published in 2015, *Rhodiola rosea* performed nearly identically to Zoloft for treating major depression — but with far fewer side effects.

In fact, a whopping *63 percent of the Zoloft patients ended up reporting side effects!* Talk about a risky drug!

If all *Rhodiola rosea* did was improve performance, soothe depression, and boost your brain, that would be plenty.

But now scientists are proving that...

Rhodiola rosea can destroy cancer cells, and maybe even keep you or someone you love alive

In a lab study out of the University of California, Irvine, scientists exposed bladder cancer cell lines to a *Rhodiola rosea* extract.

And that's when something amazing happened — the cancer cells literally started self-destructing through a process called autophagy. Meanwhile, the healthy, non-cancerous cells were unharmed.

In another lab study out of Poland, leukemia cancer cells were exposed to a high concentration of *Rhodiola rosea* for 72 hours.

And virtually NONE of the cancer cells survived. That's right — *countless cancer cells killed in just three days.*

There's going to be plenty more research on *Rhodiola rosea* as a

cancer-killer. But there's really no reason to wait — especially when we know all about all the other amazing anti-aging benefits this natural remedy provides.

And while *Rhodiola rosea* was once a major military secret, it's no longer hard to get your hands on it.

You can buy Swanson Health Products 400 mg. *Rhodiola rosea* extract at www.swansonvitamins.com. Expect to spend \$10–\$20 for a month's supply.

This “Nutrient 8” Treatment Destroys Cancer

Imagine sitting with your doctor in his office... huge smiles of relief on both of your faces.

Your latest imaging results are back. And they’ve proven, again, that your tumor is continuing to shrink.

It’s literally melting away. And you haven’t had a single chemo drip or sat for any radiation sessions.

People just like you are getting these results — and they’re using an alternative cancer treatment that many patients are never told about.

It’s called intravenous vitamin C (IVC), and the mainstream has been trying to blacklist it for years.

Fortunately, the tide is starting to turn a bit.

You see, Nobel Prize winner Linus Pauling first proposed using vitamin C to treat cancer decades ago. That’s because he understood that at high enough doses, vitamin C produces hydrogen peroxide in our bodies — and that is toxic to cancer cells.

In fact, researchers have proven that IVC actually ***attacks cancer through eight different pathways***, which is why some call it “Nutrient 8.”

Of course, mainstream doctors and drug companies did everything they could to try to convince the public that Pauling was wrong... and crazy.

But we know now that he was absolutely right.

Numerous studies have now proven the cancer-killing ability of IVC, and it’s used by alternative health doctors all across the country.

The University of Kansas Medical Center has developed a treatment protocol for doctors, and even the federal government has funded studies on it.

In one case, reported by federal health agencies, a 51 year old woman with metastatic kidney cancer opted for IVC treatment. After just 7

months of twice-weekly infusions, her tumors had shrunk so dramatically that they were practically invisible on film!

In another case, a man with bladder cancer that was already spreading started getting IVC. He was completely cured — and when researchers checked in with him 9 years later, he was still in fantastic health.

What makes IVC so special as a cancer treatment is that it's incredibly versatile. In fact, a 2015 lab study out of Cornell found that it can even kill colorectal cancer cells with a genetic mutation that makes them hard to treat.

Of course, chemotherapy, surgery, and radiation are massive, multi-billion dollar industries. So many patients are never given the option of IVC.

If you want to give IVC a try, your best bet is to call alternative doctors in your market. The American College for Advancement in Medicine has a great physician locator at www.acam.org (look under the Resources tab).

You probably won't have to make too many calls before you find a doctor who offers it — or knows someone who does.

Make sure you ask how long the doctor has been offering the treatment, and what his success rate has been. You always want to choose an experienced doctor you feel comfortable with.

If you're currently undergoing chemo, you should know that IVC has also been found to decrease side effects like fatigue and nausea. Any doctor can order up IVC, so talk to your doc about incorporating it into your treatment.

This Ancient Salts Runs Circles Around Diabetes Meds

Maybe you retired years ago — but if you have diabetes, you’ve learned that managing it is practically a full-time job.

You’re checking your blood sugar several times a day. You’re watching what you eat and taking heavy-duty prescription drugs that have been linked to everything from diarrhea to bladder cancer.

Even worse? You’ve been told that you’re going to be stuck on these diabetes meds for the rest of your life.

But what if NONE of that is true? Imagine being able to control your blood sugar without ever having to pop another pill again?

You’ll never hear about this breakthrough from Big Pharma or even our government. But the fact is...

Scientists have discovered a natural remedy that BEATS diabetes meds

The news is being kept from millions of diabetics around the world right now. But you can get your hands on this amazing discovery for a lot less than what you might be spending on diabetes drugs now.

This miracle supplement is called berberine, and it’s a salt (also known as a benzyltetrahydroisoquinoline or B-NZT) that’s found naturally in many types of fruits and vegetables and in an ancient Chinese herb called *Coptis chinensis*.

Berberine was actually first used by Chinese folk healers more than 5,000 years ago and can even be found in ancient Chinese medical texts. But recent research is now proving it may be the most powerful natural blood sugar control product to ever hit the market.

In fact, in an international study published in the medical journal *Metabolism*, [berberine ran circles around metformin](#), one of the most popular diabetes drugs around.

Diabetics around the world have been choking down metformin for

more than half a century, even though it's been linked to side effects like diarrhea, nausea, cramps, and vomiting.

Well, all that may be about to end.

In the 3-month trial, berberine performed just as well as metformin for lowering the key blood markers of diabetes (like A1c and fasting blood glucose).

Better still, berberine slashed fasting plasma insulin by a whopping 28 percent. And, again, that was after just 90 days! That means...

Better blood sugar in 3 months... WITHOUT PRESCRIPTION DRUGS!

That's impressive enough — but berberine didn't stop there.

The patients who took berberine got an added benefit that wasn't seen in the metformin group. They also significantly lowered their HDL “bad” cholesterol and triglycerides.

Keeping HDL cholesterol and triglycerides in check is critical for your heart health — and lots of people with diabetes are also experiencing serious heart problems.

Berberine works by improving insulin resistance and activating a key enzyme in your body known as adenosine monophosphate-activated protein kinase, or AMPK. AMPK actually is responsible for controlling healthy metabolism in your body — kind of like a master switch.

By activating AMPK in your body, according to a report in the *Natural Medicine Journal*, berberine can have the same effect as exercise, dieting, and weight loss. That means...

Berberine is practically a diet in a pill!

And just like a diet, berberine can help you lose weight.

In one study of 37 people with metabolic syndrome — which can often lead to full-blown diabetes — patients who took 300 mg. of berberine three times a day for 3 months *dropped their body mass index by an impressive 13 percent!*

In fact, they lost enough weight to change their medical classification from obese to overweight! Berberine even helped reduce levels of stubborn belly fat.

And in another study out of South Dakota, published in a 2015 issue of *Phytomedicine*, people taking 500 mg. of berberine three times a day lost 5 pounds (or 3.6 percent of their body fat) in just 12 weeks.

Better blood sugar control, lower cholesterol AND weight loss? And berberine is delivering these results in months, not years.

It's no wonder research on berberine has been exploding over the past several years.

You don't have to be a doctor or a scientist to see that berberine is a blood sugar breakthrough — one that even outperformed metformin.

So why are the drug companies selling a fortune's worth of metformin, while many people have never heard of berberine?

It all comes down to money, of course. Berberine is a natural substance, so Big Pharma can't patent it. And if they could, you'd be hearing a lot more about it.

Plus, there's no army of drug sales reps visiting doctors' offices and pushing berberine.

Of course, if you're serious about controlling your blood sugar without prescription drugs (whether you have full diabetes yet or not), none of that should matter.

Berberine is now a fairly widely sold supplement, and you'll also see it as a key ingredient in many natural blood sugar formulations.

It's often combined with other natural substances that promote healthy blood sugar, like chromium.

